

Saturday 12 June			Saturday 12 June			Sunday 13 June		
Session 1			Session 2			Session 3		
Warm-Up: 8am – 8:50am Competition: 9am			Warm-Up: 3pm – 3:50pm Competition: 4pm			Warm-Up: 8am – 8:50am Competition: 9am		
1	100m Individual Medley	F	8	100m Freestyle	М	18	50m Butterfly	F
2	100m Individual Medley	М	9	100m Freestyle	F	19	50m Butterfly	М
101	100m Individual Medley - MC	Mix	104	100m Freestyle - MC	Mix	107	50m Butterfly - MC	Mix
3	50m Backstroke	F	10	50m Breaststroke	Μ	20	100m Backstroke	М
4	50m Backstroke	М	11	50m Breaststroke	F	21	100m Backstroke	F
102	50m Backstroke - MC	Mix	105	50m Breaststroke - MC	Mix	108	100m Backstroke - MC	Mix
5	100m Breaststroke	F	12	100m Butterfly	М	22	50m Freestyle	F
6	100m Breaststroke	М	13	100m Butterfly	F	23	50m Freestyle	М
103	100m Breaststroke - MC	Mix	106	100m Butterfly - MC	Mix	109	50m Freestyle - MC	Mix
7	6 x 50m Freestyle Relay	Mix		Skins (Random Medley) 5 x 50m - 15&U	F	24	4 x 50m Medley Relay - 15&U	F
			14			25	4 x 50m Medley Relay - 15&U	М
			15	Skins (Random Medley)	М	26	4 x 50m Medley Relay - 16&0	F
				5 x 50m - 15&U		27	4 x 50m Medley Relay - 16&0	М
			16	Skins (Random Medley)	F	28	4 x 25m Water Polo Relay	Mix
				5 x 50m - 16&O		29	Elimination 200m - 15&U	F
				Skins (Random Medley)	М	30	Elimination 200m - 15&U	М
			17	5 x 50m - 16&O	IYI	31	Elimination 200m - 16&O	F
						32	Elimination 200m - 16&O	М
						33	4 x 25m Freestyle Kick Relay	Mix
							4 x 50m Freestyle Relay - 15&U	F
							4 x 50m Freestyle Relay - 15&U	М
						36	4 x 50m Freestyle Relay - 16&O	F
						37	4 x 50m Freestyle Relay - 16&O	М

